



Keeping You Safe At the Y



What is Safeguarding?

At the Y we want you to have fun, splash around and play games.

To do this, we will make sure you feel safe and are safe. We call this safeguarding.

We never want you to feel unsafe at the Y, in your home or in your community.



We will keep you safe by:

Learning from things when we get them wrong

Talking to your family and those around you about your safety

Listening to you

Making sure the spaces around you are safe (including online)

Taking the right steps to make sure you feel and are safe again

Letting you know how and why we do certain things at the Y

Getting to know you as a person and what makes you different

Always acting in a safe way to keep you and us safe

Making sure we have the right Y People looking after you

Supporting you

Teaching you and our Y People what to do if you are unsafe



IF YOU



SEE



HEAR



FEEL

SOMETHING THAT MAKES YOU FEEL UNSAFE OR WORRIED



TELL SOMEONE



Talk to someone you trust at the YMCA
Write it down, Send a text, call or Email



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Who can I talk to?

If you ever feel
unsafe or worried,
talk to someone
you trust at the Y.

